# Mauna Lani Bay **Hotel & Bungalows**

he Mauna Lani Bay Hotel and Bungalows is not just a hotel, but a secluded oceanfron playground set on three miles of pristine coastline. The name Mauna Lani means mountain reaching heaven, a name given by the Hawaiian elders. Embrace the spiri of aloha and share the love fo Hawai'i - the weather, beaches tropical energy, unique island culture and importantly, the people The feeling of being in Hawai'i wil overcome you as you enter Mauna Lani's breezy atrium: cascading waterfalls, lush foliage, the sound of tropical songbirds, and ponds filled with colorful koi fish and baby greer sea turtles. The Mauna Lani invites you to experience paradise. Each quest room has a private lanai one of the best places on island for whale watching.

**SPECIAL ACCOMMODATION RATE FOR** THE SYMPOSIUM VALID ONLY UNTIL:

# November 3, 2013

\$189 Garden View \$225 Ocean View \$300 Ocean Front

These Rates are subject to availability and to the prevailing Hawaii State General Excise and Room Occupanc Taxes, currently at a combined rate of 13.4166% (subject to change)

A deposit equal to two (2) night's room revenue and applicable taxes will be required to guarantee reservations at the time of booking.

Hotel reservations can be booked via symposium web link at: ccmmeetings.com/hawaii or phoned into the reservations department at 1-800-367-2323.

# COURSE DESCRIPTION CME ACCREDITATION

r he 3rd Annual International Symposium Diagnostic and Therapeutic Modalities in Heart Failure will be held from December 5-7, 2013 at the delightful Mauna Lani Hotel on the beautiful Island of Hawaii. This year's



Symposium will detail exciting advances in heart failure, biomarkers, interventional therapy, and arrhythmias. The agenda for 2013 incorporates lectures, panel discussions and case presentations presented in an environment that is ideally suited for both learning and relaxation. Attendees will have the opportunity to hear leaders in heart failure and biomarkers discuss the newest important advances in their fields as well as provide practical guidance for optimizing patient care. There will be numerous opportunities for attendees and faculty to meet and talk in an informal setting over the 3 days of the Symposium.

The outstanding faculty includes experts in the field including Drs. Eric Adler. Ulrika Birgersdotter-Green. Daniel Blanchard. Uri Elkayam, Gregg Fonarow, Barry Greenberg, Robert Hong, Ethisham Mahmud. Alan Maisel and Connie Lewis. NP and Michelle Schlueter, PharmD.

# LOCATION

# The Mauna Lani Bay Hotel & Bungalows

68-1400 Mauna Lani Drive Kohala Coast. Island of Hawai'i 96743

Phone 808-885-6622 Fax 808-881-7000 www.maunalani.com

# Hotel Reservation Deadline: November 3, 2013.

If your reservation is not received prior to cut-off date, reservations will only be accepted subject to availability. Please specify that you plan to attend the 3rd Annual International Hawaii Symposium on Diagnostic and Therapeutic Modalities in Heart Failure so you can receive our special symposium rate.

# **CANCELLATIONS**

Because of advance planning requirements, a full refund less a \$75.00 processing fee will be given if you cancel. Please cancel in writing and postmark by November 4, 2013. No refunds will be given after November 4, 2013.

# FOR FURTHER INFORMATION

Complete Conference Management 3320 Third Avenue, Suite C San Diego, CA 92103

PH 619-299-6673 FAX 619-299-6675 Email: info@ccmmeetings.com www.ccmmeetings.com

Officially endorsed by the Heart Failure Society of America. The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the HFSA

This Live activity, 3rd Annual International Hawaii Symposium on Diagnostic and Therapeutic Modalities in Heart Failure, with a beginning date of 12/05/2013, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit(s)™ toward the AMA Physician's Recognition Award.

AANP: The American Academy of Nurse Practitioners accepts AAFP Prescribed credit. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

ANCC: According to the ANC the continuing education hours approved by the AAFP meet the ANCC-accredited CNE criteria.

# **SYMPOSIUM OBJECTIVES**

At the end of the meeting the participant will be better able to:

- 1. Implement effective therapy for treating patients with heart failure including the use of pharmacologic agents and devices.
- 2. Evaluate and manage patients with acute heart failure.
- 3. Assess and follow patients with heart failure using devices for remote monitoring and with biomarkers.
- 4. Implement strategies for reducing re-admission after a heart failure hospitalization.
- 5. Identify and modify risk in patients with atrial fibrillation.
- 6. Evaluate and manage patients with pulmonary hypertension.
- 7. Define indications for valve replacement surgery and to determine which patients are candidates for catheter based techniques for aortic valve replacement.
- 8. Identify patients who are candidates for ICDs and BiV pacemakers.

# **TARGET AUDIENCE**

The target audience for this activity includes Cardiologists, Internists, Primary Care Physicians and Allied Health Care Providers including Nursing Professionals and Physician Assistants.

# **NEEDS ASSESSMENT**

Over five million Americans (two percent of the U.S.) are living with heart failure. More than 500,000 additional cases of heart failure are diagnosed each year.

Despite important advances in treatment, patients with heart failure continue to experience unacceptably high rates of morbidity and mortality. This along with the enormous cost of caring for a growing number of heart failure patients has resulted in increased scrutiny of existing and emerging therapies.

# I Hawaii nue, Suite 92103

# International Hawaii Symposium on Diagnostic and Therapeutic Modalities in Heart Failure

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**POST** 

The 3rd Annual International Hawaii Symposium on

Diagnostic and Therapeutic Modalities in Heart Failure

December 5-7, 2013







A Comprehensive and Practical Review of Advances in Heart Failure and Biomarkers



California CHAPTER

**AAHFN** 

Program Directors: Barry H. Greenberg, MD Alan Maisel, MD





www.ccmmeetings.com

FACULTY

# PROGRAM

# **PROGRAM DIRECTORS**



Barry H. Greenberg, MD Director, Advanced Heart Failure Treatment Program University of California, San Diego San Diego, CA



Maisel. MD Professor of Cardiology, UCSD Director, Coronary Care Unit and Medical Center

# **FACULTY**



Eric Adler, MD Associate Clinical Professo Medical Director, Cardiac Transplant University of California, San Diego San Diego, CA







FACC Professor of Clinical Medicine Director, UCSD Cardiology Fellowship UC San Diego



Professor of Medicine Division of Cardiology University of Southern California Los Angeles, CA



Professor of Medicine UCLA Division of Cardiology Director, Ahmanson-UCLA Cardiomyopathy Center Los Angeles, CA





BC. NP-C. CCRN. CHFN Heart Failure Nurse Practitioner



Ehtisham Mahmud, MD,

Professor of Medicine/Cardiology Chief of Cardiovascular Medicine



UC San Diego San Diego, CA

# **Gregg Fonarow, MD** University of California, Los Angeles

# Heart Failure Program San Diego Veterans Affairs San Diego, CA

**PM SESSION II** 

**Breakout Sessions** 

4:00-5:00

5:00-5:30

5:30-6:00

6:00

	Robert Hong, M
ı	University of Hawaii
	Queens Medical Center
	Honolulu, HI

Connie Lewis, MSN, ACNP-

Assistant in Department of Medicine Vanderbilt University Medical Center

UC San Diego San Diego, CA



Michelle Schlueter, PharmD, BCPS Clinical Pharmacy Specialist

# **FACULTY DISCLOSURE**

It is our policy to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose are disqualified from participating in the CME activity. Participants will be asked to evaluate whether the speaker's outside interests reflect a possible bias in the planning or presentation of the activity. This information is used to plan future activities.

# Thursday, December 5, 2013

7:00-7:50 7:50-8:00	Registration/Continental Breakfast/Visit Exhibits Welcome/Introduction Drs. Barry Greenberg and Alan Maisel
AM SESSION I	Barry Greenberg MD (Moderator)
8:00-8:30	Treating Hypertension and Hyperlipidemia to Reduce Heart Failure Risk: How to do it Most Effectively Gregg Fonarow, MD
8:30-9:00	New and Emerging Biomarkers for Early Detection of Heart Failure: Implications for Treatment <i>Alan Maisel, MD</i>
9:00-9:30	Heart Failure with Preserved Ejection Fraction: Current and Future Treatment Options Barry Greenberg, MD
9:30-10:00	Case Presentation I - Barry Greenberg MD (Presentor) Drs. Fonarow, Maisel, and C. Lewis, NP (Discussants)
10:00-10:30	Coffee Break/Visit Exhibits
10:30-11:00	Strategies for Managing Atrial Fibrillation: Rate vs Rhythm Control and Role of Ablation Robert Hong, MD
11:00-11:30	Newer Anticoagulant Agents: How and When to Use Them Daniel Blanchard, MD
11:30-11:55	Case Presentation II - Robert Hong, MD (Presentor) Drs. Fonarow, Blanchard, Birgersdotter-Green and M. Schlueter, Pharm D (Discussants)
11:55-12:00	ECG Quiz
	Robert Hong, MD
12:00 pm	AM Session Adjourns

I S	Early Greeneers HE (Header are)
	A. How to Organize a Heart Failure Clinic and Follow High Risk Patients Connie Lewis NP, Michelle Schlueter Pharm D and Alan Maisel, MD
	B. Adventures in Echo-Presentation of Challenging Cases
	Daniel Blanchard MD and Gregg Fonarow, MD
	A. Using Devices to Follow Heart Failure Patients and Detect Early Signs of Decompensation Robert Hong, MD
	The Role of a Nurse Practitioner in
	Outreach and Telemedicine  Connie Lewis, NP
	Adjourn

# Friday, December 6, 2013

AM SESSION I	II Alan Maisel, MD (Moderator)
8:00-8:25	Hyponatremia in Volume Overloaded Patients: Why and How to Treat
	Barry Greenberg, MD
8:25-8:50	Aquapheresis and Diuretics: How to Best Use Them in Acute and Chronic Heart Failure
	Uri Elkayam, MD
8:50-9:15	Infiltrative Cardiomyopathies: Recognition and Treatment Eric Adler, MD
9:15-9:35	Imaging to Assess Risk in Heart Failure Patients: Emerging Role of MIBG Imaging
	Barry Greenberg, MD
9:35-10:00	Case Presentation III - Uri Elkayam, MD (Presentor) Drs. Adler and Greenberg, C. Lewis, NP and M. Schlueter, PharmD (Discussants)
10:00-10:30	Coffee Break/Visit Exhibits
10:30-11:00	New Paradigms and Agents for Treating Decompensated Heart Failure Barry Greenberg, MD
11:00-11:30	Strategies for Preventing Re-Admission After a Heart Failure Hospitalization  Gregg Fonarow, MD
11:30-11:55	Transcutaneous Aortic Value Replacement (TAVR): Who to Consider and What to Expect
14.55 40.00	Ehtisham Mahmud, MD
11:55-12:00	Echo Quiz  Daniel Blanchard, MD

PM SESSIO	N IV Alan Maisel, MD (Moderator)
4:00-4:30	Emerging Therapies: Gene Transfer, Stem Cells, and New Drugs for Treating Heart Failure  Barry Greenberg, MD
4:30-5:00	Cardiac Resynchronization Therapy (CRT): Optimizing Patient Selection and Outcomes Ulrika Birgesdotter-Green, MD
5:00-5:30	Using Biomarkers to Manage Therapy of Heart Failure Patients: Role of Gal-3 and BNP <i>Alan Maisel, MD</i>
5:30-5:55	Oral Vasodilators: An Underused Life Saving Therapy Uri Elkayam, MD
5:55-6:00	X-Ray Quiz Barry Greenberg, MD
6:00	Adjourn

# Saturday, December 7, 2013

AM SESSION	V Eric Adler, MD (Moderator)
8:00-8:30	Preventing Sudden Cardiac Death: Role of ICD's and the LifeVest Ulrika Birgersdotter-Green, MD
8:30-9:00	Managing End-Stage Heart Failure: Recognition, Cardiac Transplant and Circulatory Support Devices Eric Adler, MD
9:00-9:30	Palliative Care: Who, When, Why and How Connie Lewis, NP
9:30-10:00	Case Presentation IV - Eric Adler, MD (Presentor) Drs. Greenberg, Mahmud, Elkayam, MD and C. Lewis, NP (Discussants)
10:00-10:30	Coffee Break/Visit Exhibits
10:30-11:00	Revascularizing Heart Failure Patients: Which Patients Benefit and How to Recognize Them Ehtisham Mahmud, MD
11:00-11:30	Medical Management of Myocardial Ischemia: Emerging Concepts Daniel Blanchard, MD
11:30-12:00	Case Presentation V - Ehtisham Mahmud, MD (Presentor) Drs. Blanchard, Fonarow, MD, and M. Schlueter, Pharm D (Discussants)
12:10	Symposium Adjourns



# **REGISTRATION FORM**

For online registration visit: www.ccmmeetings.com

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	Last Name	Title	
i	First Name	MI	
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	Office Address		
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	Special Needs for Disabled		
	REGISTRATION FEES:		
	Please enroll early as registration is limited.		
i	PHYSICIAN / OTHER		
i	\$550 Super Early Bird – on or before Sept. 20, 2	013	
	\$650 Pre-Registration – on or before Nov. 4, 201		
	\$750 After Nov. 4, 2013 and on-site		
	\$200 Single Day (one use only, please make selection Dec. 5 Dec. 6 Dec. 7	n)	
	FELLOWS / RESIDENTS / NURSES / ALLIED MED.	PERS.	

# Super Early Bird – on or before Sept. 20, 2013

\$450 Pre-Registration – on or before Nov. 4, 2013

After Nov. 4, 2013 & on-site

\$130 Single Day (one use only, please make selection) ☐ Dec. 5 ☐ Dec. 6 ☐ Dec. 7

# Make Check Payable to:

**Diagnostic & Therapeutic Modalities in Heart Failure** 

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# **CREDIT CARD INFORMATION:**

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Symposium will not refund travel costs in the event of a course cancellation.